

HIGH PLAINS EARLY LEARNING CONNECTION Fall Conference- Introduction To Mondo Method

(*Dr. Yunes-Koch will present all day*)

**UNDERSTAND THE BRAIN.
MANAGE STRESS.
CHANGE BEHAVIOR.**



mondo

www.mondomethod.com



- Highly interactive, memorable session
- Practical strategies for real-world behavior challenges
- Grounded in behavioral neurobiology, made accessible for everyone



November 14, 2026



9:00AM-3:30PM
Central Time



ESU16 North Platte
1221 W 17th ST
North Platte, NE 69101

KEY TOPICS

- Child behavior challenges
- Disciplinary alternatives
- Effective conflict resolution
- Child well-being
- Adult well-being
- Adult stress

**DOOR
PRIZES**

ABOUT the PRESENTER

Stress & behavior specialist, Dr. Alexa Yunes-Koch, has a PhD in Education focused in behavioral neurobiology, and 10+ years of PreK-12 teaching experience. She has a passion for transforming environments through **practical strategies**, and her strategies have been featured by Disney Learning.



Registration/Stipend is Covered for Title IIA Consortium Districts
\$40 Registration fee for Non-Consortium Districts

REGISTER @ bit.ly/ESU16reg



**WORKSHOP
DISCLAIMERS**